

Redfish

Symptoms

Learn more about the symptoms of atrial fibrillation (AFib) and how to know when you are at risk.

Symptoms of AFib

Know the symptoms of AFib

People tend to experience AFib differently. While some experience no symptoms during an AFib episode – particularly if their heart rate is not very fast – others may experience:

- Dizziness
- Fatigue
- Chest pains
- Heart palpitations

left side of body silhouette
body silhouette
left side of body silhouette

- Lightheadedness or fainting
- Irregular and fast heartbeat
- Breathlessness, particularly with exertion or anxiety

These may occur infrequently or frequently as on a daily basis. Find out how to control your AFib symptoms [here](#).

Signs and Symptoms of a Stroke

Know the signs and symptoms of a stroke in men and women

Strokes can come on suddenly, and may affect speech and movement. Many individuals report their sight becoming affected, while others become confused and unsteady, have trouble speaking, or experience a sudden, severe headache for no apparent reason.

Recognize a stroke

A quick response to the signs of a stroke can significantly improve chances of survival and recovery.

According to the Heart and Stroke Foundation, the “FAST” test is a helpful way of assessing specific symptoms of stroke:

drooping face illustration

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Face

is drooping?

lifted arms illustration

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Arms

can you raise both?

speech bubble illustration

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Speech

is it slurred or jumbled?

911 illustration

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Time

to call 9-1-1 right away

This is not a complete list of symptoms patients may experience.

Always act fast

The quicker you act, the better chance of stroke survival and recovery. If someone fails any of these tests, it is advised to call for help immediately by dialing 911.

A stroke should always be treated as a medical emergency as a speedy response can improve a person’s chances of survival and recovery.

Don't ignore short-term symptoms of a stroke

A mini-stroke, also known as a transient ischemic attack (TIA), may produce stroke-like symptoms that disappear within 24 hours, but should be treated just as seriously. A mini-stroke, or TIA, is a strong warning sign that someone is at risk of a major stroke and it should be treated as a medical emergency with help being sought.

Not seeing a doctor on a regular basis can have a serious impact on your health. Find out more here.

Listen to family and friends

When someone has a stroke, they often don't realize something is wrong. Listen to family and friends if they question why your face looks odd, or if your speech is slurred. Remember that stroke should be treated as a medical emergency so act FAST.

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