

Redfish

mobile background image

Talking to your doctor

Working in partnership with your doctor is a very important factor in making sure you're doing as much as possible to reduce your risks. You'll find advice here on ensuring you're helping your doctor help you.

Working Positively With Your Doctor

Working with a doctor

Take control of your condition! Work with your doctor and follow their advice. Your doctor will be able to help with any questions or concerns you might have regarding your condition and any implications it will have on your [lifestyle](#). It's likely that a primary care doctor will be the first person to diagnose and monitor your AFib. However, you may subsequently be referred to a heart specialist or cardiologist.

Seeing your doctor on a regular basis is extremely important to living and maintaining a healthy life with AFib. Try bringing a family member along to meet your doctor and have their questions answered as well. [Find out more here.](#)

Cardiologist referral

Cardiologists who specialize in heart rhythm disorders are referred to as electrophysiologists (EPs). These doctors may offer surgical treatments or ablation procedures for AFib.